

CONTINENTAL BUFFET BREAKFAST	25
Selection of chilled fresh juice	
Selection of freshly cut fruits	
Assorted cereals, grains with whole, skimmed, soy milk	
Natural, flavoured, low fat yoghurt	
Oven fresh bakery selection - croissant, muffins, rolls, danish pastries	
Choice of toast; white, raisin, multi-grain, wholemeal	
Freshly brewed coffee, decaffeinated coffee, hot chocolate, tea, herbal infusion	
 THE NEW ZEALAND BUFFET BREAKFAST	 35
Selection of chilled fresh juice	
Selection of freshly cut and whole fruits	
Assorted cereals and grains with whole, skimmed, soy milk	
Natural, flavoured, low fat yoghurt	
Oven fresh bakery selection - croissant, muffins, rolls, danish pastries	
Choice of toast; white, raisin, multi-grain, wholemeal	
Assorted cold cuts, smoked salmon and cheeses	
Eggs made to order from kitchen	
Grilled tomato, mushrooms, sautéed gourmet potatoes, sausage, crispy bacon	
Belgian waffles, pancakes, french toast	
Freshly brewed coffee, decaffeinated coffee, hot chocolate, tea, herbal infusion	
 THE HEALTHY BREAKFAST *	 29
Selection of chilled fresh juice	
Selection of freshly cut and whole fruits	
Low fat yoghurt	
Choice of toast; multi-grain, wholemeal	
Smoked salmon with condiments	
Egg white frittata with tomatoes and herbs	
Freshly brewed coffee, decaffeinated coffee, hot chocolate, tea, herbal infusion	



YOGHURT OR CEREALS*

Yoghurt; strawberry, passionfruit or plain	9
Cereals; Corn flakes, Weetbix, All Bran, Whole Grain, toasted muesli, rice crisps, Raisin bran with whole, skimmed, soy milk	9
Bircher muesli or Gluten free toasted muesli *	9
Hot oatmeal with caramelised banana	10

BAKERS' BASKET

Basket of oven fresh bakeries; croissant, rolls, Danish pastries or muffins	10
Choice of toast; white, raisin, multi-grain or wholemeal served with jams and honey, butter or margarine	9

SELECTION OF FRESHLY CUT SEASONAL FRUITS 15

BREAKFAST SPECIALTIES

Two eggs cooked any style with grilled tomato, hash brown <i>your choice of sausage, bacon, mushrooms or ham</i>	18
Omelette with ham, cheese or mushrooms <i>grilled tomato, hash brown</i>	18
Eggs Benedict <i>toasted brioche, honey glazed ham, poached eggs, hollandaise sauce</i>	18
Toasted croissant with scrambled eggs and smoked salmon <i>grilled tomato, hash brown</i>	18
Sirloin steak 200g <i>fried egg, grilled tomato, mushrooms, country style potato</i>	26
Rice congee * <i>chicken, soy, boiled egg, fried onions, spring onion</i>	16
Buttermilk pancake or Belgian waffle or French toast <i>caramelised banana, bacon, maple syrup</i>	16

FRESH FRUIT JUICE 7

Orange, grapefruit, tomato, pineapple, apple, kiwifruit

HOT BEVERAGES 5

Freshly brewed coffee, speciality coffee, selection of tea, hot chocolate

* HEALTHY CHOICES
All Prices include 15% Goods & Services Tax